

**FOR IMMEDIATE RELEASE**

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**LEAVE ON THE NIGHT LIGHT: ID'S NEW SERIES *YOUR WORST NIGHTMARE*  
BRINGS REAL THRILLER CRIMES TO LIFE**

(Silver Spring, Md.) – From monsters hiding in the closet to the boogeyman lurking in nearby shadows, evil can interrupt even the sweetest of dreams. But what happens when a bad dream is actually a waking nightmare? Investigation Discovery's (ID) new series **YOUR WORST NIGHTMARE** delivers true, spine-tingling crimes that take viewers on a ride of twists and turns, complete with jump-out-of-their-seats moments and chilling conclusions. Premiering **Wednesday, October 22 at 10/9c**, **YOUR WORST NIGHTMARE** uses classic suspense film techniques to follow some of the creepiest, most harrowing crimes ever committed, as these victims' darkest dreams become unfathomable realities. Each one-hour episode of **YOUR WORST NIGHTMARE** features one thriller story interlaced with expert commentary from local authorities, true-crime experts, and psychologists, as well as first-person accounts from friends and families of the victims.

In the premiere episode airing **October 22 at 10/9c**, Sandy Jeffers is a beloved, hard-working graduate student just days away from completing her master's degree in forensic anthropology. Everyone loves the peppy 25 year old, but little does she know that one man's admiration has evolved into a dangerous obsession. After being unknowingly followed for months, Jeffers finally comes face-to-face with her stalker when he breaks into her house and kidnaps her. With only a description of the getaway car to follow, detectives must shift into high gear to track down Jeffers before it's too late.

Other episodes of **YOUR WORST NIGHTMARE** include:

- **“When the Lights Go Out”** Premieres Wednesday, October 29 at 10/9c  
It's Cassie Jo Stoddart's first weekend housesitting by herself in Pocatello, Idaho, and she's determined to do a great job. But the high school student's weekend turns into a real-life horror movie when unexpected visitors terrorize the home.
- **“Water Foul”** Premieres Wednesday, November 5 at 10/9c  
When Martha Brailsford doesn't return to shore during a sailing trip out of Salem, Massachusetts, her friends and family immediately suspect that something terrible has happened.
- **“Horror in the Heartland”** Premieres Wednesday, November 12 at 9/8c  
Teenagers Todd Schultz and Annette Cooper go for a romantic walk one day and never return. Ten days later, they both turn up dead. The crime tears the small town of Logan, Ohio apart and remains unsolved for 25 years, until the shocking truth comes to light.
- **“The Bad Son”** Premieres Wednesday, November 19 at 9/8c  
Matthew Heikkila has always had a rocky relationship with his parents, but he has a plan for how to deal with them. On a cold November day, he murders them in their own home in Basking Ridge, New Jersey, and is determined to keep the nightmare going for his own girlfriend.
- **“The Killer Beside Me”** Premieres Wednesday, November 26 at 9/8c  
Weak, tired, confused, and deathly ill, Janet Overton drops dead in her own driveway in Dana Point, California. Is this a case of an undiagnosed illness or cold-blooded murder?

**YOUR WORST NIGHTMARE** is produced by Crazy Legs Production. For Crazy Legs Productions, Tom Cappello, Alana Goldstein and Anne Garofalo Paterno are executive producers. For Investigation Discovery, Eugenie Vink is executive producer, Sara Kozak is senior vice president of production, Kevin Bennett is general manager, and Henry Schleiff is Group President.

### **About Investigation Discovery**

Investigation Discovery (ID) is the leading mystery-and-suspense network on television and America's favorite "guilty pleasure." From harrowing crimes and salacious scandals to the in-depth investigations and heart-breaking mysteries that result, ID challenges our everyday understanding of culture, society and the human condition. One of our nation's fastest growing cable networks, ID delivers the highest-quality programming to more than 86 million U.S. households and is available in both high definition (HD) and standard definition (SD). For more information, please visit [InvestigationDiscovery.com](http://InvestigationDiscovery.com), [facebook.com/InvestigationDiscovery](https://facebook.com/InvestigationDiscovery), or [twitter.com/DiscoveryID](https://twitter.com/DiscoveryID). Investigation Discovery is part of Discovery Communications (Nasdaq: DISCA, DISCB, DISCK), the world's #1 nonfiction media company reaching more than 2.7 billion cumulative subscribers in 220 countries and territories.

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