

EPISODE DESCRIPTIONS

All Work and No Play - Premieres Monday, June 19 at 10/9c

Helen and Richard are loving parents to two young children with special needs. What was once a two-income household was quickly reduced when Helen had to quit her job to take care of the kids. For years, Richard has dreamed of renovating his 'hazard zone' of a basement into a family-friendly space, but it just hasn't been financially possible. Helen wants to thank Richard for being such a great dad by surprising him with a complete remodel of the basement where he can relax and spend quality time with his children.

The Houseguest - Premieres Monday, June 19 at 10:30/9:30c

Murray is a chef who works long hours and likes to decompress when he gets home after a tiring day. But when his 25-year-old brother-in-law, Tristram, asked for a place to crash for a few weeks, Murray and his wife, Tamarah, welcomed him with open arms. Four months later, he's still there and Murray is beginning to feel displaced in his own home. Along with Tamarah's help, Tristram wants to show his appreciation by remodeling the master bedroom to give Murray back his privacy.

Making it Work - Premieres Monday, June 26 at 10/9c

Marie and Charles' son Ashton was born with a rare condition that puts his life in danger daily. Ever since his birth, Marie, the family's tower of strength, has become her son's health advocate and cheerleader all while earning her doctorate. During the past few years, the family's living space has become cluttered and with both kids getting bigger, the family is in need of a professional intervention. With help from Cheryl and Roger, Charles wants to show his appreciation to Marie and Ashton with a surprise makeover of their main floor.

Double Trouble - Premieres Monday, June 26 at 10:30/9:30c

While her husband David underwent cancer treatments, Stephanie was his rock, cheerleader and nurse, all while keeping a roof over their heads and caring for their infant twins. But now, the twins have completely taken over the living and dining room leaving no place to relax or eat. David wants to surprise his super hero wife with a renovated space where the entire family can celebrate the future and create memories that will last a lifetime.

Insta Family - Premieres Monday, July 3 at 10/9c

After adopting their 7-year-old daughter Eryka last year, Nicole and Cort were delighted to find out they were pregnant. But when baby Jack made an appearance four months early, they were caught off guard and unprepared. Nicole, who was scrambling to get the nursery ready, had to quit her job and now spends between 12 - 14 hours a day in the neonatal intensive care unit with Jack. Wanting to take some weight off her shoulders, Cort surprises her with a custom designed nursery room.

Past Due - Premieres Monday, July 10 at 10/9c

After declaring bankruptcy, free spirits Lori and Drew moved out to the suburbs with their 4-year-old son Phoenix. Not long after, Drew was laid off from his job and the couple's basement flooded. Lori was forced to end her unpaid maternity leave early and go back to work just to keep the roof over their heads. Drew wants to show his appreciation to his rock steady wife for smiling through the tough times and keeping the family together.

Room to Grow - Premieres Monday, July 10 at 10:30/9:30c

Cindy and Kyle are about to become parents for the second time, but getting there has been anything but easy. After seeking out specialists and costly fertility treatments, the couple was left with no money to renovate their suburban home. Cindy's impending maternity leave is quickly approaching and Kyle plans to surprise her with a functional living room and play space where she can entertain, relax and have fun with the entire family.

Gone to the Dogs - Premieres Monday, July 17 at 10/9c

Animal advocate Melissa has been rescuing dogs long before she met her husband Stan. But as much as Stan loves fostering pets, sleeping with four dogs, two cats and a toddler doesn't make for a good night's sleep. Melissa wants to show Stan her appreciation for not only embracing her passion of rescuing animals, but for being the perfect husband and father by renovating their master bedroom.

Father's Day - Premieres Monday, July 24 at 10/9c

Robert is a loving and dedicated single dad whose life revolves around his tween daughters. Since his divorce, he has scrimped and saved to provide them with a comfortable life, often at the expense of his own. Robert's daughters want to show their appreciation by calling on friends and family to help create the ultimate basement rec room, where they can all spend quality time together.

Empty Nesters - Premieres Monday, July 31 at 10/9c

Robin and Sid are high school sweethearts who raised three children in their suburban home. For over 20 years, all their home improvements have centered on the kid's spaces. Now, with their children away at college, the house is too quiet for these empty nesters. Sid is determined to put the smile back on Robin's face and finally give her the sophisticated master bedroom sanctuary she has talked about for the past two decades.

Food for Thought - Premieres Monday, August 7 at 10/9c

Sunita's passion for cooking is an expression of her love for family and friends. But when the loss of an unborn child sent her into an emotional tailspin, the family dinners stopped completely. Today, Sunita is better, but her unorganized kitchen bears memories of difficult times. With help from Cheryl and Roger, her husband Adam wants to renovate the kitchen and give Sunita the fresh start she needs to rediscover her love of cooking.

Daddy & Me - Premieres Monday, August 14 at 10/9c

Luis is a hardworking HVAC technician who shares a very special bond with his 4-year-old daughter, Eva, who has a speech disorder. Luis works extra shifts to afford weekly therapy lessons and his little downtime is spent working with Eva in their current makeshift play space. Wife Robin is grateful for all of Luis' hard work and wants to surprise him with an upgraded play room where the entire family can relax and focus on Eva's continued progress.

Safety First - Premieres Monday, August 21 at 10/9c

Sweethearts Sara and JV have dedicated their lives to helping others, often at personal risk. When their toddler tripped over toys in the living room and broke her collarbone, JV was ready to toss all the toys curbside. Sarah wants to show her appreciation for her hardworking and selfless husband by renovating their living space into a safe family zone where they can all spend time together.

Fresh Start - Premieres Monday, August 28 at 10/9c

After losing her husband and the father of her three young children in a car accident, Ashley took life by the horns and stepped up big time. With no life insurance, keeping a roof over their heads was tough so she relocated to be closer to her family, got a part-time job and scraped together enough money to buy a starter home. Ashley's sisters want to surprise her with a complete remodel of her living and dining rooms to express their love and admiration for the strongest person they know.