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April 2012 Highlights



World's Toughest Expeditions With James Cracknell

UK PREMIERE SERIES

SUNDAYS FROM 22ND APRIL, 9.00PM

James Cracknell. Freddie Flintoff. Bear Grylls. These are just some of the great adventurers that will feature in a collection of brand new one-offs and series over the next few months that will take viewers on a nail biting journey to all corners of the Earth.

Coming up this month James Cracknell embarks on some of the toughest expeditions ever made throughout history. Four-part series, **World's Toughest Expeditions with James Cracknell** is a unique insight in to some of the hardest moments of the toughest expeditions ever undertaken, and an investigation in to how those at the heart of the most remarkable real-life adventures in the world survived. James follows directly in these great adventurers' footsteps – Livingstone, Fawcett, the Gold Rush pioneers and the crew of the Dundonald - and lives as they did, to tackle head-on, the most brutal sections of four epic tales of courage and endurance, attempting

to survive as his predecessors did using only the equipment that was available to them. Using his own strength and determination, he will come to learn about the mental and physical attributes that helped define them, while analysing the science behind the physiological changes they underwent. Along the way and by walking in these historic experts footsteps, he'll attempt to answer some of the unanswered questions of the expeditions, and tackle several of the world's toughest terrains, encountering dangerous animals and extreme situations along the way, including the moment Dr Livingstone faced the biggest rapids of the Zambezi; the Amazon jungle crossing just before the explorer Colonel Fawcett disappears; the point at which the Wild West Gold hunters perished on the most extreme stage of their pioneering push across America; and being stranded on a desert island like the crew of the 1907 Dundonald shipwreck.

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Titanic The Aftermath

UK PREMIERE ONE-OFF
SUNDAY 8TH APRIL, 8.00PM

To mark the 100th anniversary of when the Titanic went down this one-off special explores what happened after 1500 people were left unaccounted for; including the voyage of the ship sent to recover lost passengers, the entirely new forensic system that had to be established to identify the dead, the rarely seen photos taken to aid that identification process, and the impact that echoes through the generations of the victims. In 1912 John Barnstead was coming to the end of a long career in the public services as Halifax's registrar for deaths. The Titanic disaster posed an overwhelming challenge. Nobody knew how many bodies would be pulled out of the water, or what state they would be in. In response to this disaster,

Barnstead pioneered a new forensic methodology, the forerunner of today's CSI. After the Titanic this system became a model for all future disasters involving mass loss of life. Now his descendant, John Barnstead Junior, finds out how he did it, with emotional accounts and never broadcast before photographs of the Titanic dead. Jock Hume, one of Titanic's bandmen, died on the ship playing the violin he loved. He left behind a fiancée in Scotland who was expecting his child. Within this documentary, Jock's grandson Christopher Ward travels to Dumfries, Scotland and to Halifax, Nova Scotia to visit Jock's grave and to find out more about his grandfather, and what became of him.



Deadliest Catch

UK PREMIERE SERIES

TUESDAYS FROM 17TH APRIL, 10.00PM

In the far northern reaches of the planet a rare breed of extreme fishermen hunt the Bering Sea. Adventure is their call, crab is their prey, and a one hundred million dollar plunder is their reward. This season **Deadliest Catch** returns with brand new episodes, as all the captains return to do what they do best: fish for crab. Skippers and their crews endure boat killing storms and body crushing working conditions - risking it all on the search for crab.

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Hillbilly Handfishin'

UK PREMIERE SERIES

SATURDAYS FROM 14TH APRIL, 9.00PM

Forget, white water rafting, bungee jumping or sky diving, 'noodling, Oklahoma style' is the new way to get the adrenaline pumping – for those not in the know, 'noodling' is fishing for giant catfish in the South of America but not using a rod and reel, using your bare hands and feet!

Animal Planet's highly entertaining new six part series, **Hillbilly Handfishin'**, sees Oklahoma hand-fishermen and larger than life characters, Skipper Bivins and Trent Jackson joined by thrill seeking (or tricked into it) city dwellers as they submerge themselves in murky waters to get a good ol' taste of country life. The only lure for these fish are fingers and toes – which can be just as attractive to the snakes, beavers, muskrats and snapping turtles that can take over abandoned catfish holes! The experience might be uncomfortable and it's not for the faint of heart, but there is no bigger rush, plus it promises to change the lives and positively affect each newly crowned 'noodler' long after the last morsel of deep-fried fish is gone.

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Wildlife SOS

UK PREMIERE SERIES

THURSDAYS FROM 5TH APRIL, 8.00PM

Over the past 30 years Simon Cowell has devoted his life to animal rescues in the South of England. Never before has British wildlife been so under threat, as people and animals are increasingly coming into conflict. All over the world there are others, like Simon, who are trying to address this balance. For all of them there is no greater feeling than keeping an animal in its natural environment.

In this tenth series, alongside his rescue work in the UK, Simon will be learning from some of his counter-parts around the Globe to discover how people and wildlife can have a future alongside one and other. Over the series viewers will see Simon and his fellow 'rehabbers' saving the lives of kestrels, robins and badger cubs in England, helping to protect seals and dolphins on the west coast of Ireland, then venturing into war-ravaged Rwanda and the Congo to assess the survival prospects of the endangered mountain gorilla and also look after mistreated orangutans in Thailand.

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Rescue Vet

UK PREMIERE SERIES

FRIDAYS FROM 13TH APRIL, 8.00PM AND 8.30PM

In a brand new 14-part series, three American veterinary clinics open their doors and bring viewers inside their world of animal rescue. Veterinary Special Care, All Creatures Veterinary Clinic and Bees Ferry Clinic all deal with high stake situations, where their doctors use all their skills and experience to save animals in need. From cats and dogs to a monkey and emu, there are a range of cases which test the skills and knowledge of the vets on duty. In the first episode of **Rescue Vet** a Labrador has a tumour that might be life threatening and a miniature horse is bought in with a severe case of colic; did it get to the vet in time or will it have to be put down?

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Life On A Wire

UK PREMIERE SERIES

FRIDAYS FROM 20TH APRIL, 9.00PM

Nik Wallenda is a professional daredevil descended from the famed Wallenda circus family. Now, he's on a mission to bring his famous family's skill, passion, and showmanship to a new 21st century audience, using any means necessary. In the extraordinary new series ***Life on a Wire***, viewers will follow Nik as he designs, tests, builds and ultimately performs innovative and outrageous stunts. With the help of his entire family, Nik creates spectacular acts that cheat death through science, skill and discipline. The

success of his feats, and indeed, his life, depend upon meticulous preparations that include engineering and wind speed analysis, conducted by a crew of his chief engineer and uncle, Mike, and his safety coordinator and father, Terry. They know more than anyone how important it is that they stay on the ball after Nik's great grandfather plummeted 120 feet to his death. Join Nik as he pushes the limits of physics, technology and nerve to achieve a truly show stopping performance.

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Brides Of Beverly Hills

UK PREMIERE SERIES

TUESDAYS FROM 17TH APRIL, 9.00PM

The *Brides Of Beverly Hills*, with their unlimited wedding budget, make your average bridezilla look as meek as a kitten. Renee Straus, alongside her colourful team of stylists, including wedding planner Kevin Lee, who was the inspiration for Frank in the film, "Father of the Bride", have the job of catering to their every whim. They need to find each bride the perfect dress and transform their biggest dreams into the perfect day. Botox, massive diamonds and temper tantrums are just the tip of this outrageously glitzy iceberg.

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World's Worst Mum

UK PREMIERE SERIES

MONDAYS FROM 2ND APRIL, 10.00PM

Lenore Skenazy made the headlines across the world in 2008 for all the wrong reasons; she let her nine year old son ride the New York subway, all by himself. Having earned the nick name **World's Worst Mum**, this seven-part, returning series will see Skenazy stage interventions with overly attentive parents who smother their kids. Parental paranoia is wreaking havoc in one family; the 15-year-old son is forced to text his every move, and suffers the embarrassment of supervised visits to the mall bathroom. The daughter is forbidden to go to a friend's sleepovers, and both siblings fear for the fate of their younger brother. Enter Skenazy to help their overbearing parents shed any child-rearing fears.

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Conviction Kitchen Oz

UK PREMIERE SERIES

FRIDAYS FROM 13TH APRIL, 10.00PM

Doesn't everyone deserve a second chance? Renowned chef Ian Curley certainly thinks so and he should know; he was a troubled youth until a vocational cooking course turned his life around. Now he wants to help others earn their shot at redemption.

Conviction Kitchen follows 12 convicted criminals over six weeks as they train with Curley and his restaurant manager Lisa Parker to learn to run a successful, high-end restaurant and get their lives back on track.



Cake Boss: The Next Great Baker

UK PREMIERE SERIES

FRIDAYS FROM 6TH APRIL, 9.00PM

Thirteen up and coming cake artists think they have what it takes to work with Buddy at Carlo's bakery, each want their shot at a double page spread in Brides magazine and each dream of what they could do with \$100,000 prize money. But, only one can make it to the top and win. Each week, Buddy will push the limits of the 13 new baking contestants until one remains. With tougher challenges and bigger prizes, this returning season promises to be an all-out war! In the series premiere, the competitors put their baking skills to the test when they are paired up into teams to create a four foot tall theme cake. But when Buddy presents an interesting challenge to win immunity, will it be every baker for themselves?

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Extreme Couponing

UK PREMIERE SERIES

WEDNESDAYS FROM 4TH APRIL, 10.00PM

This April Discover Real Time welcomes back the extreme coupon collectors as they return for a brand new series of **Extreme Couponing**. Their aim is to get as much as possible for as little as possible, and cash in on some serious savings! From rooting around in rubbish tips for coupons, to creating elaborate maths formulas, they will use any means necessary to secure a bargain.

This series viewers meet Shavon, who uses the treasure trove of coupons her grandmother bequeathed to her to help rebuild her sister's stockpile; Michelle, who clears North Carolina's supermarket shelves when she finds a good deal; Kelly, who supports her whole family on just \$50 a month; April who shops to feed her seven kids and 200 parishioners for less than \$100 a month; Michelle who is using her coupon savings to build a dream family home; and Faatima who is working towards moving her family out of their dangerous neighbourhood with her couponing ways. All this and more as viewers follow these savvy shoppers as they plan and plot their way to unbelievable savings.

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Secretly Pregnant

UK PREMIERE SERIES

THURSDAYS FROM 5TH APRIL, 9.00PM

What happens when a woman becomes pregnant, and must use every means conceivable to hide the pregnancy? How do they cope in potentially explosive situations that could get them disowned, evicted, abandoned or fired? Dramatic new six-part series, **Secretly Pregnant** meets the women who have, for their own personal reasons, been hiding a pregnancy from their family and friends, boyfriends or bosses.

Carmen is expecting her second child with a married man. Embarrassed and scared of what her friends and family will think, she tries to hide her pregnancy. Richanne found out she was pregnant a few days after she was diagnosed with a brain tumour. She keeps the news a secret, so as not to worry her family further. Paola works as a bikini model and she is certain that if her colleagues find out she is pregnant, it will ruin her career. Meanwhile, forty year old Jackie, who is expecting a baby with her nineteen year old boyfriend, is too embarrassed to reveal the scandalous truth to her family and co-workers. Follow these women on an emotional journey as they reveal their clandestine secret, and the aftermath that follows.



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Mystery Diagnosis

UK PREMIERE SERIES

TUESDAYS FROM 3RD APRIL, 9.00PM

Every year, millions of Americans fall prey to real-life medical mysteries and ailments that go undiagnosed or misdiagnosed for years. Their lives are thrown into turmoil and sometimes their sanity is called into question as medical professionals struggle to understand their baffling conditions. Each episode of **Mystery Diagnosis** tells the stories of two patients whose perseverance and vigilance helped them obtain a diagnosis that in many cases, save their lives. In the first episode viewers will meet Tanya Angus, a carefree 18-year old living in Las Vegas

who begins to suffer from migraines and strange crunching sounds in her head. She has no idea that this is only the first symptom of a bizarre condition that will cause her entire body to grow uncontrollably. Just when 16-year-old Kody Burns thinks he has outgrown his childhood asthma, he begins to cough up blood and strange white tissue. A medical procedure shows that his throat is filled with wart-like growths that are blocking his airway. But none of the doctors knows what they are and as Kody struggles for breath, his life hangs in the balance.



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Cold Blood

UK PREMIERE SERIES

MONDAYS FROM 9TH APRIL, 10.00PM

Cold Blood returns to the crime scene so that viewers can examine all the evidence for themselves. Combining the thrill of mystery with the visceral experience of true crime drama, this fourth series presents competing versions of what may have happened, and re-enacts the events from different perspectives as new evidence comes to light. Each episode tells the story of one homicide investigation that revolves around the forensic investigation of the crime scene, and follows the clues wherever they may lead.



Couples Who Kill

UK PREMIERE SERIES

FRIDAYS FROM 13TH APRIL, 10.00PM

Serial killers are not a new phenomenon, but what happens in the mind of the average person when they fall under the spell of a sadistic predator? Forensic psychologists and criminal profilers uncover horrifying clues and reveal the true stories of people driven by love to commit murder. *Couples Who Kill* investigates some of the most terrifying crimes to explore the roots of these deadly duos. After 16 years of violent abuse Deborah Brown and her children flee from her husband Steven Brown. They think they'll be safe living with Deborah's brother Don. Then one night Steven arrives to exact his revenge, and Deborah endures a night of terror.

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Nightmare Next Door

UK PREMIERE SERIES

WEDNESDAYS FROM 11TH APRIL, 10.00PM

Returning to Investigation Discovery for a gripping second series, **Nightmare Next Door** tells the stories of victims who have suspiciously disappeared from their communities only to be found brutally murdered by someone they knew. Each investigative programme follows a team of detectives as they piece together the clues left behind by the offender, in the hope of bringing justice to the victims and their families. This insightful series uses photographs and videos from the actual investigations, teamed with intimate interviews with the victims' families and detectives. From the bloody and baffling murder of Beth Grosskopf who was stabbed more than 40 times, to the cryptic and gruesome slaying of Debra Rawls in Florida, watch as each compelling story is unravelled and the final surprising outcome revealed.

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Scorned: Crimes Of Passion

UK PREMIERE SERIES

TUESDAYS FROM 10TH APRIL, 10.00PM

Combine betrayal, deception and sexual intrigue and you create a lethal concoction used by a particularly salacious subset of murders. Each hour-long episode of **Scorned: Crimes Of Passion** will give viewers a voyeuristic peek into the lust and animalistic obsession that have fuelled some of the more brutal acts of violence to grab front-page headlines across the globe.

Pamela Smart loved good times, rock music and, most of all, her new husband Gregg. But after moving to a sleepy New Hampshire town, Gregg cut his rocker hair and began work in insurance, a job Pam thought changed him. She found solace in a group of teenage students at the school where she worked. One in particular caught her eye, 15-year-old Billy Flynn. The schoolteacher had one thing in mind: convincing her pupil to murder Gregg. Pam pulled all the strings, instructing Billy and his accomplices to stage a burglary as cover. In 1990, six days before their first wedding anniversary, Pam returned home to discover the corpse of her college sweetheart shot in the head.

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Inventions That Shook The World

UK PREMIERE SERIES

TUESDAYS FROM 24TH APRIL, 8.00PM

From the airplane, to the electric guitar, to the DNA fingerprint, the twentieth century was the most spectacular era of invention in human history. This fascinating 10-part series takes viewers on a decade-by-decade voyage of discovery through the century of innovation that transformed our world; the way we communicate, the way we think, the way we see ourselves.

Inventions That Shook The World explores where great ideas come from and the brilliant, often quirky minds that bring them to life. The series features a cast of characters that ranges from the smartest man on the planet to the high-school dropout everyone took for a fool. Each hour-long episode examines one decade of the twentieth century through the prism of the inventions that shaped it. Inventions like the radio that made the world smaller; the machine gun that made it more dangerous; or the parking meter that made it more expensive. And then there were the not-so-great ideas that mercifully failed. Whatever happened to the robo-dog and the air-conditioned business suit? Winners or losers, they were all players in the age of invention, the most innovative century the world has ever known.



Mystery Cars

UK PREMIERE SERIES

MONDAYS FROM 2ND APRIL, 8.00PM

In the 1950's, America had broken free from the shackles of wartime economics. It was walking with the swagger of a Nation that had the world by the tail. Scientists had harnessed nuclear energy. Jet-propelled airplanes were breaking speed records... and the race to space was on! But perhaps more than anything else, one thing melded imagination and consumerism, putting this era in perfect context: The concept car.

Unlike satellites, rockets, and jet planes these dream cars were accessible. People flocked to auto shows like GM's Motorama to see the concept cars in their titanium bodied glory. They were snapshots of how America perceived its future. Jaw dropping, unforgettable but what happened then? Most were destroyed. Some just plain vanished. But amazingly, some are still here and new series **Mystery Cars** is on a mission to find them.

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1000 Places To See Before You Die

UK PREMIERE SERIES

WEEKEND NIGHTS FROM 14TH APRIL, 10.00PM

With only four weeks of paid-holiday a year, people don't have much time to see the world. Writer Patricia Shultz tapped into this anxiety with her best-selling book **1000 Places To See Before You Die**. Inspired by this book, this new series remains true by reminding us that life is indeed short, but with a world full of beautiful locations and meaningful experiences to be had. In each episode, newlyweds Albin and Melanie embark on an epic adventure that will see them experience a deeply immersive journey as they visit a different country every couple of weeks, for the next five months. These include, visiting the mysterious Nazca Lines in Peru; gliding over glaciers in Alaska and riding ostriches in South Africa.



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Decked Out

UK PREMIERE SERIES

WEDNESDAYS FROM 18TH APRIL, 9.00PM

Decked Out isn't your typical construction show, especially with host Paul Lafrance at the helm. Paul is good-looking, well-spoken and self-taught. He runs a successful boutique construction company, something he achieved without any formal training. Each episode of this new series follows, from concept to completion, the story of a backyard makeover that focuses on extraordinary custom built decks.



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