Below please find program highlights for TLC's primetime schedule for the week September 30th and October 7th.

There are preview episodes and episodic photography available for select programs/episodes on press.discovery.com. Please check with us for further information.



TLC Primetime Highlights: Week of September 30th (As of 9.18.13)

Contact:

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Visit press.discovery.com for select episodic photography and full episodes

Of Note This Week:

Extended Episodes

FOUR WEDDINGS: UNVEILED- Thursday, October 3rd

SAY YES TO THE CURE: LORI'S FIGHT UPDATED- Friday, October 4th

Season Premieres

LONG ISLAND MEDIUM- Sunday, October 6th

New Series

ALASKAN WOMEN LOOKING FOR LOVE- Sunday, October 6th

Six native Alaskan women tempt fate to find true love in TLC's new series ALASKAN WOMEN LOOKING FOR LOVE. These ladies are fed up with Kodiak, Alaska's bachelors- rugged men who are often sporting long hair and scruffy beards and have committed to trading in their boots for high heels to find Mr. Right in Miami Florida.

Tuesday, October 1st

9:00 PM ET/PT

19 KIDS & COUNTING #17-A BIG IDEA

Josh, Anna, and their 3 children are adjusting to life in Washington, DC, but it's always good to see familiar faces. When Anna's family arrives as reinforcement, Anna decides to venture into the city for the first time on her own. Can she brave the DC streets or will she have a parallel parking mishap? And Michelle, Jana and Josie visit the hospital where Josie spent her first 6 months of life. After meeting with NICU families, the Duggars get a big idea for how they can give back.

9:30PM ET/PT

19 KIDS & COUNTING #18- FLEA MARKET CHALLENGE

The Duggars are headed to market... the flea market! After deciding to hold a fundraiser for Arkansas Children's Hospital, the whole family lends a hand to organize a warehouse full of Duggar family treasures. But will they want to keep more than they're willing to sell? Then, they visit a nearby flea market and a friendly competition between the boys and girls puts their Duggar haggling skills to the test. Meanwhile in DC, Anna braves the city metro for the first time on her way to a Mommy & Me playgroup. Can she navigate her way through the underground maze with 3 small children? And later, while sorting through baby clothes, Michelle reminisces about babies past and discusses plans for her family's future.

10:00PM ET/PT

THE LITTLE COUPLE #5-TIME OUT FOR WILL

After waiting for news about their pending adoption of their soon-to-be daughter Zoey, the Little Couple receives some promising news from India! But before their family of three will become four, Jen wants to get in more bonding time with Will.

Wednesday, October 2nd

8:00PM ET/PT

TODDLERS & TIARAS #12-IF I WERE A RICH GIRL PAGEANT

Traven, 7 and his mother, LaNesia, are back and they are as colorful as ever. Aja, 5 and her ex-beauty queen mother, India, clash when it comes to practicing. Jaidyn,6 and her mother Tiffany take on Dr. Seuss as a historical figure.

9:00PM ET/PT

CHEER PERFECTION #14-WATCH YOUR STEP

In Chicago, Youth Silver competes against teams with similar ability to those they will face at the US Finals. Alisha fears Kylie could further injure herself, and the moms enter a local mud run that causes severe anxiety and even tears, for Ann.

Thursday, October 3rd

9:00PM ET/PT

FOUR WEDDINGS: UNVEILED #14- ...AND TWO FLOWER MEN

Go back down the aisle on Four Weddings: Unveiled with show facts, viewer tweets and bonus scenes! Ashley ends her plantation ceremony with a dove release, while Christian masquerades into her candle lit nightclub reception. Courtney says I do at her flower filled affair, while Joy struts her peacocks and treats guests to liquor-filled cupcakes.

Friday, October 4th

8:00PM ET/PT

SAY YES TO THE CURE: LORI'S FIGHT UPDATED

In October 2012, TLC documented Lori Allen's journey from her diagnosis of breast cancer through her treatments and double mastectomy in SAY YES TO THE CURE: LORI'S FIGHT. In this updated version of the emotional one-hour special, viewers will re-live that experience and get updates from Lori and her family on her current progress, as well as the amazing response and outpouring of love they've received from viewers and fans.

9:00PM ET/PT

SAY YES TO THE DRESS #12- DAY OF CHALLENGES

Stefania wants a simple, classic gown, but her family has grander ideas. Precious just had weight loss surgery and needs a gown to fit her shrinking frame. Cheryls' wedding is in 72 days and she needs a dress to fit thick frame and tall height.

10:00PM ET/PT

WHAT NOT TO WEAR #14- JENNIFER W.

Animal lover, Jennifer has dedicated her time to saving animals, but in the process has begun to neglect herself. She buys her pets better outfits than she does herself! Will Stacy and Clinton help get this animal hero to focus more time on her wardrobe?

Sunday, October 6th

9:00PM ET/PT

LONG ISLAND MEDIUM ON THE ROAD #3- PHILADELPHIA

An all-new LONG ISLAND MEDIUM: ON THE ROAD episode kicks off the new season. Theresa gets hundreds of fan letters a day from men and women across the country begging for a chance to meet with her for a session. This time around, Theresa travels to Philadelphia to surprise her fans with messages from their loved ones. While exploring the best of what Philly has to offer, Theresa is able to help a mother heal from her son's tragic passing, allow a young widow to reconnect with her true love, and give a little girl closure on the loss of her baby sister.

10:00PM ET/PT

ALASKAN WOMEN LOOKING FOR LOVE #1- EPISODE 1

In the series premiere, we meet six native Alaskan women who are determined to find true love. As these ladies say, when it comes to dating on the island of Kodiak, Alaska, "the odds are good, but the goods can be a little odd." Faced with men consumed by fishing and hunting, often sporting long hair and scruffy beards, these women are fed up with their options. Ready to exchange their rugged boots for high heels and fancy dates, these ladies leave the safety and security of their homes and journey 5,000 miles to the Sunshine State, in search of adventure and their perfect match.

TLC Primetime Highlights: Week of October 7th (As of 9.18.13)

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Of Note This Week: Extended Episodes

FOUR WEDDINGS: UNVEILED- Thursday, October 10th

Network Premiere

UNTOLD STORIES OF THE ER SEASON 8- Saturday, October 12th

Tuesday, October 8th

9:00PM ET/PT

19 KIDS & COUNTING #19- ANNIVERSARIES TO REMEMBER!

The Duggars are pulling out all the stops! Jim Bob & Michelle mark their 29th anniversary in true Duggar style, while Josh & Anna take a more metropolitan approach for their 5th. Both husbands are working hard to pull off big surprises for their wives. They're even enlisting the help of the younger Duggars to get the job done! Along the way, both couples reminisce about the beginnings of their relationships. But how well do they know each other? They're put to the test when asked a few simple questions... can they guess their spouse's answers?

10:00PM ET/PT

LITTLE COUPLE #6- MAKING A SPLASH

Since arriving in Texas, Will has gained a lot of confidence and independence in navigating his new home. But with independence comes new hazards - specifically, the backyard pool. So Bill & Jen decides it's time for Will to learn how to swim.

Wednesday, October 9th

8:00PM ET/PT

TODDLERS & TIARAS #11-HOLLYWOOD STARZ: HIP HOP

Malina, 5 along with her father and godmother are on a mission to make a mark on the pageant world as an Indian contestant. Adrianna, 4 like to rock out with her motorcycle riding family. Devin, 5 gets painted head-to-toe as a Cheetah.

9:00PM ET/PT

CHEER PERFECTION #15- THE EYES AND EARS OF THE GYM

With only one week before the US Finals, Alisha and James argue about changing the routine at the last minute. Tempers flare when cheer mom Bonnie accuses Andrea of spreading rumors. Shannon reveals tragic news and Youth Silver arrives at the Finals.

Thursday, October 10th

9:00PM ET/PT

FOUR WEDDINGS: UNVEILED #13 - ...AND A SUPERDOME

Go back down the aisle on Four Weddings: Unveiled with show facts, viewer tweets and bonus scenes! Bling Queen Tamika exchanges vows at the New Orleans Superdome, while old soul Megan marries outdoors on a Louisiana plantation. Hairstylist Karen decorates her cake to match the layers of her dress and Diva bride Michelle wants everything purple.

Friday, October 11th

9:00PM ET/PT

SAY YES TO THE DRESS #14- NOT WHAT I WAS EXPECTING

Emily, a rock star by night, wants to shake her all-black attire for a traditional gown. Brittany has bright red hair and tattoos and wants to show them off in a sexy lace gown. Lauren is nervous that her friends will think her dress is too unusual.

10:00PM ET/PT

WHAT NOT TO WEAR #16- MEGUMI H.

39 year-old, Megumi is hoping to find a man and settle down. But her wardrobe of animal hats and knee highs is not attracting any serious candidates. Can Stacy and Clinton help this immature dresser find a style that attracts the right kind of attention?

Saturday, October 12th

9:00PM ET/PT

UNTOLD STORIES OF THE ER #1- COWS & STILETTOS

Dr. Sudip Bose treats a patient covered in cow feces after the man crashed his convertible into a cow. Now, he's stinking up the whole hospital. On the same shift, a lap dancer with a stiletto heel stuck in her cheek flirts with Dr. Bose while he tries to remove it. Meanwhile, a patient's heart stops with no explanation, and Dr. David Meyers tries to revive her. He fails, and after 40 minutes, declares her dead. But is she actually? Then, it's a full moon, and Dr. Tyler Cymet is preparing for a long night ahead. His first patient is woman who causes great commotion with hysterical wailing and flailing. When asked why she's there, she says she's dying of a broken heart.

Sunday, October 13th

9:00PM ET/PT

LONG ISLAND MEDIUM #16- CONSTRUCTION ZONE

Because of some mold accumulating in the house, Theresa decides to do some reconstruction. However, Larry had no idea how big of a project this actually is. To add to the madness, Victoria is back from college and Theresa is up in arms when her daughter decides to bring home an unannounced friend. Plus, a couple that lost their son receives a life-changing message in an unforgettable reading.

9:30PM ET/PT

LONG ISLAND MEDIUM #17- SHOO SHOO SPIRIT

When the house construction becomes an impending reality, Theresa is forced to figure out alternative places to do her readings. So she decides to ask her next-door neighbor...her dad. How will skeptical Nick react to spirit entering his domain? And, Theresa allows a devastated man to release the guilt he feels from his parents' tragic passing.

10:00PM ET/PT

ALASKAN WOMEN LOOKING FOR LOVE #2 – HELLO, SUNSHINE

The women arrive in Miami, but it feels more like Mars to them! They don't have the right clothes, they don't know how to act, and they have no idea how to meet men. All except Sabina, that is... who scores her first big date!