

FOR IMMEDIATE RELEASE: January 14, 2009

Contact: Laurie Goldberg, (310) 975-1631, laurie_goldberg@discovery.com Hillary Povar, (310) 843-6105, hillary_povar@discovery.com

TLC TO PREMIERE NEW SERIES - ADDICTED Renowned Interventionist Kristina Wandzilak Takes Viewers Inside the World of Addiction and the Road to Sobriety

Los Angeles, CA – Today, TLC announced plans to premiere ADDICTED, a one-hour docu-series following the lives of individuals struggling with addiction as they work with interventionist Kristina Wandzilak. Each riveting episode will take viewers on the unpredictable journey of recovery and the harrowing struggle to become sober. Six episodes have been ordered and will premiere in March only on TLC.

New series ADDICTED will demonstrate the debilitating disease of addiction and how it not only affects the addict but the family as well. And no one more intimately knows this than top interventionist Kristina Wandzilak. As a recovering addict herself, Kristina pulls from her own experiences, bringing a level of understanding and compassion to the healing process. In addition to her strength and commitment to sobriety, Kristina is a mother, a wife, a top-selling author, a world-renowned public speaker and one of the most sought-after, unconventional, top addiction interventionists in the country. Kristina will empower the addicts and the families to help them not only get sober, but to also live the healthy lives they deserve.

ADDICTED will focus on one person per episode. And while the problem of substance abuse is addressed, the family and the addict are also given the tools to not only get well in the moment but to continue a healthy life, or as Kristina says, "not just how to get in the door but how to walk the path." The interventions that take place are planned by all members of the family, including the addict. TLC will take viewers inside the difficult, but ultimately inspiring battle to overcome substance abuse. "Addiction happens to good people and decent families all the time," says Wandzilak. "I know how to change a life, and I know how to live better. I can do that. I am an example of it, and if I can do it, anyone can."

"This is a series about family, change and hope," said TLC President Eileen O'Neill. "ADDICTED is a raw and authentic portrait of addiction in America and while viewers will see the brutal battle for sobriety, it ultimately demonstrates the importance of substance abuse treatment -- and makes for powerful television."

ADDICTED is a commission for TLC Executive Produced by Steve Michaels and Jonathan Koch with Asylum Entertainment.

About TLC

TLC's innovative docu-series and reality-based programming include favorites *Jon & Kate Plus 8*, *Little People*, *Big World*, *What Not to Wear*, *18 Kids and Counting*, *Say Yes to the Dress*, and *LA Ink*. TLC added to its menu of programming with *Cake Boss* and *Ultimate Cake Off*, and continues to expand into the food genre. TLC's daytime lineup includes the Emmy Award-winning *A Baby Story*. The channel is available in more than 98 million homes in the US, nearly 8 million homes in Canada and through the website at www.tlc.com. TLC is part of Discovery Communications (NASDAQ: DISCA, DISCB, DISCK), the world's number one nonfiction media company reaching more than 1.5 billion cumulative subscribers in over 170 countries.