



**FOR IMMEDIATE RELEASE**  
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**WHITNEY THORE'S HIDDEN SECRETS REVEALED ON THIRD SEASON OF  
TLC'S *MY BIG FAT FABULOUS LIFE***

*– Nine-Episode Season Premieres Wednesday, June 8, at 9/8c on TLC -*

(New York, NY) – In 2014, Whitney Thore became an overnight YouTube sensation and turned her life upside down when she posted “A Fat Girl Dancing,” but her outspoken personality, successful dance career, No Body Shame Campaign (#nobodyshamecampaign), and newfound love haven’t made her life any easier. In the all-new season of TLC’s **MY BIG FAT FABULOUS LIFE**, premiering **Wednesday, June 8, at 9/8c**, Whitney’s back with her usual hilarious and positive outlook on life, but when hidden secrets are revealed, and her family and friends call into question her actions, Whitney faces the challenge of a lifetime.

At 370-lbs, Whitney’s positive body image has her believing that she can be fat and fit, but serious new health scares suggest otherwise and don’t change the reality of Whitney’s situation. Excited about planning her first dance-a-thon, Whitney learns the hard way that her body is not as healthy as she thinks. After being rushed to the hospital for collapsing at the dance studio, Whitney must undergo a major lifestyle transformation. There’s a lot of work to be done in order to get Whitney back in shape, but it’s a team effort to put her excuses aside and make healthy life choices. For the first time ever, Whitney’s friends confront her about the discrepancy between her bad habits and her pro-health message.

In the upcoming season of **MY BIG FAT FABULOUS LIFE**, Whitney’s fight for a body-positive world isn’t over by a longshot, and the added headache of a different dynamic in the house isn’t making things easier. Whitney finds herself in an awkward situation when Buddy starts dating her best friend. And, on top of it all, Whitney still finds herself in outrageous encounters with her mom, when Babs buys a baby pig and learns how to sext.

Coinciding with the season premiere, Whitney's memoir, **I DO IT WITH THE LIGHTS ON**, is an inspiring and utterly honest story of how Whitney discovered happiness when she stepped off the scale and into her life, embracing herself unconditionally —body, heart, and soul. The memoir is published by Ballantine, an imprint of Penguin Random House.

**MY BIG FAT FABULOUS LIFE** is produced by Pilgrim Media Group for TLC.

For updates, 'like' us on Facebook at [www.facebook.com/MyBigFatFabulousLife](http://www.facebook.com/MyBigFatFabulousLife).

### **About TLC**

Offering remarkably relatable real-life stories without judgment, TLC shares everyday heart, humor, hope, and human connection with programming genres that include fascinating families, heartwarming transformations, and life's milestone moments. In 2015, TLC was a top 10 cable network with women and had 26 series averaging 1 million P2+ viewers or more.

TLC is a global brand available in more than 93 million homes in the US and 332 million households in 189 markets internationally. A destination online, [TLC.com](http://TLC.com) offers in-depth fan sites and exclusive original video content. Fans can also interact with TLC through social media on Facebook, Instagram, Pinterest and @TLC on Twitter as well as On Demand services, YouTube and mobile platforms. TLC is part of Discovery Communications (NASDAQ: DISCA, DISCB, DISCK), the world's #1 pay-TV programmer reaching 3 billion cumulative subscribers in 220 countries and territories.