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\*High-res images available at: <https://press.discovery.com/us/food/>

## **FAMILY AND FOOD ARE THE MAIN INGREDIENTS ON FOOD NETWORK'S NEW CULINARY COMPETITION *FAMILY FOOD SHOWDOWN*, HOSTED BY VALERIE BERTINELLI**

**New Series Premieres Sunday, March 3<sup>rd</sup> at 8pm ET/PT**

**New York – January 24, 2019** – Families that cook together stay together, and those that do it well have the chance to win \$10,000 on new Food Network series *Family Food Showdown*. **Valerie Bertinelli** hosts as families face off in a fast-paced, action-packed culinary competition beginning on Sunday, March 3<sup>rd</sup> at 8pm ET/PT. In each episode, two families are pitted against each other in three rounds of challenges designed to test their cooking skills, recipes and family dynamics. The teams must blow away a rotating panel of culinary experts including **Kardea Brown, Clinton Kelly, Antonia Lofaso, Daphne Oz, Jamika Pessoa, Christian Petroni, Courtney Rada, Jake and Jazz Smollet, Tori Spelling, Jet Tila, Isaac Touns, Bryan and Michael Voltaggio, Molly Yeh** and more, to keep their family pride and take home the grand prize!

"*Family Food Showdown* has all the ingredients to captivate audiences with tension and unpredictable twists, mixed with family heritage and tradition, and even some comedic relief, as the families cook together on the clock in a high-stakes showdown," said Courtney White, President, Food Network. "Host Valerie Bertinelli adds in her signature charisma and charm to this relatable family-centric culinary competition."

The action unfolds as two families, comprised of three family members, endure three rounds of cooking challenges with surprising curveballs as they vie for advantages along the way. Throughout 13 hourlong episodes, the competing teams tackle challenges from Sunday suppers and delicious leftover dinners, to taco fiestas, and over-the-top breakfasts in their bid for the grand prize.

During the first round, the families must work together to create a dish that represents who they are as a family. As the competition progresses to round two, family recipes and dynamics are put to the test when Valerie announces that each family must eliminate one member of their own team. Strategy ups the ante in the last round of the contest, as each team must eliminate someone from the other team, putting the weight of the competition on the shoulders of one final family member for each. Only one family in each episode will earn \$10,000 grand prize and keep their family pride.

Fans can get to know the families before every episode on [Food Network's app](#) as they take on a series of digital-only challenges and can catch Valerie and the judges play a series of Beat the Heat games on Food Network's Instagram Stories. Also viewers can go behind the scenes of the competition with insider photos and top video moments at [FoodNetwork.com/FamilyFoodShowdown](http://FoodNetwork.com/FamilyFoodShowdown), and join the conversation anytime by using #FamilyFoodShowdown.

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**FOOD NETWORK** ([www.foodnetwork.com](http://www.foodnetwork.com)) is a unique lifestyle network, website and magazine that connects viewers to the power and joy of food. The network strives to be viewers' best friend in food and is committed to leading by teaching, inspiring, empowering and entertaining through its talent and expertise. Food Network is distributed to nearly 100 million U.S. households and draws over 46 million unique web users monthly. Since launching in 2009, Food Network Magazine's rate base has grown 13 times and is the No. 2 best-selling monthly magazine on the newsstand, with 13.5 million readers. Food Network is owned by Discovery, Inc., a global leader in real life entertainment spanning 220 countries and territories; the portfolio also includes Discovery Channel, HGTV, TLC, Investigation Discovery, and OWN: Oprah Winfrey Network.