



FOR IMMEDIATE RELEASE
December 10, 2019

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TLC TO PREMIERE NEW DOCU-SERIES 'HOT & HEAVY' TUESDAY, JANUARY 7 AT 10PM ET/PT

Men who love plus-size women don't have a fetish, they have a preference, just like some men prefer blondes, others want more to love. But, it doesn't come so easily. This new docu-series follows three men who defend the honor of their significant others and face judgment due to their mixed-weight relationships. These couples endure difficult challenges both inside and outside of their relationships, as they're forced to answer the ultimate question: can love conquer all? **HOT & HEAVY** follows three couples in three one-hour episodes premiering **Tuesday, January 7 at 10PM ET/PT.**

The couples determined to prove to their skeptical friends, family and the public that love is love no matter what you look like are:

- Joy and Chris have been going strong for three years and are ready to take their relationship to the next level, but family and friends have serious concerns that Joy won't be able to keep up with Chris's adventurous lifestyle due to her weight.
- Kristin and Rusty have been married for two years and want a child more than anything, but when Kristin realizes she might need to get gastric bypass surgery in order to have a baby, disagreements arise.
- Despite being over 400 lbs., Adrianna has a newfound confidence thanks to her boyfriend of two years, Ricardo; but with the endless attacks they face in public, how much will Adrianna be able to endure?

HOT & HEAVY is produced by This Is Just A Test for TLC. Make sure to follow TLC on [Facebook](#), [Instagram](#), [Twitter](#), [Pinterest](#), and [YouTube](#) for the latest on **HOT & HEAVY**. Join the conversation using [#hotandheavy](#).

ABOUT TLC

Offering remarkable real-life stories without judgment, TLC shares everyday heart, humor, hope, and human connection with programming genres that include fascinating families, heartwarming transformations and life's milestone moments. TLC is a top 10 network across key female demos.

TLC is a global brand available in more than 85 million homes in the US and 279 million households around the world. Viewers can enjoy their favorite shows anytime, anywhere through TLC GO – the network's TVE offering featuring live and on demand access to complete seasons. A destination online, [TLC.com](#) offers in-depth fan sites and exclusive original video content. Fans can also interact with TLC on Facebook, Instagram, Twitter, Snapchat and Pinterest. TLC is part of Discovery (NASDAQ: DISCA, DISCB, DISCK), reaching 3 billion cumulative viewers in more

than 220 countries and territories to satisfy curiosity and captivate superfans with a portfolio of premium nonfiction, lifestyle, sports and kids content brands.