



**MARY WELCH FOX STASIK PUSHES DESIGN BOUNDARIES IN NEW HGTV SERIES  
'BREAKING BLAND' PREMIERING WEDNESDAY, AUG. 4, AT 9 AND 9:30 P.M. ET/PT**

**New York [July 13, 2021]** Break out the paint, find the funky flair and toss the renovation rulebook because in the new HGTV series *Breaking Bland*, spunky interior designer [Mary Welch Fox Stasik](#) will help clients create living spaces that express their individuality and design aesthetic with pizzazz and confidence. Premiering Wednesday, Aug. 4, with back-to-back episodes at 9 and 9:30 p.m. ET/PT, the seven-episode series based in Charleston, South Carolina, will follow Mary Welch, who once worked for top interior designers in New York, as she uses her eclectic, big-city style to create colorful custom designs that are authentic to each client and pushes them way out of their comfort zone. During each episode, Mary Welch will crack design boundaries and encourage clients to eschew traditional looks to create truly personalized dream homes.

"My goal is to showcase each client's personality while also encouraging them to take some bold risks," said Mary Welch. "I want to help them embrace their fun, weird sides in the best way possible."

In the premiere episode, Mary Welch will help a family infuse their home with furnishings and decor representative of the Charleston spirit. With her guidance, they'll take design risks, including adding a colorful kitchen and a kid-friendly bar. Throughout the season, her innovative design style will continue to inspire, as she transforms a historic downtown home into a modern seaside paradise and creates a music room for a family, complete with a stage fit for a rock-and-roll legend.

For *Breaking Bland* show updates, fans can visit [HGTV.com](#) for design galleries and before-and-after photos, and follow @HGTV and #BreakingBland on [Facebook](#), [Twitter](#) and [Instagram](#), as well as [@mwfoxstasik](#) on Instagram.

**ABOUT HGTV**

HGTV delivers families with relatable stories, superstar real estate and renovation experts and amazing home transformations that inspire a passionate audience. For anyone seeking entertaining and aspirational home and lifestyle content, HGTV is the place to be. HGTV offers: a top 10 cable network that is distributed to 81 million U.S. households; a website, [HGTV.com](#), that attracts an average of 10.5 million people each month; a social footprint of 25.7 million; HGTV Magazine, a monthly publication that reaches more than one million readers; and exclusive collections of home-oriented products through the HGTV HOME™ consumer products line. Viewers can become fans of HGTV and interact with other home improvement enthusiasts through [Facebook](#), [Twitter](#), [Pinterest](#) and [Instagram](#). HGTV is owned by Discovery, Inc., a global leader in real life entertainment spanning 220 countries and territories, whose portfolio also includes Discovery Channel, Food Network, TLC, Investigation

Discovery, Travel Channel, MotorTrend, Animal Planet, Science Channel, and the forthcoming multi-platform JV with Chip and Joanna Gaines, Magnolia, as well as OWN: Oprah Winfrey Network.

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