



Contact : Lauren Sklar
Email : lauren_sklar@discovery.com

CHEFS MUST SATISFY THE MOST PARTICULAR OF PALATES IN BRAND-NEW COMPETITION SERIES *IT'S COMPLIPLATED* HOSTED BY VEGAN FOODIE TABITHA BROWN

**From Plant-Based Dishes to Gluten-Free Menus,
Fresh Format Features Tricky Food Requirements in Six-Episode Season
Premiering Thursday, August 11th on Food Network and discovery+**

NEW YORK – June 29, 2022 – It has never been harder to make one meal to satisfy all the people at the dining table and the new series *It's CompliPlated*, hosted by vegan foodie and New York Times best-selling author **Tabitha Brown**, tackles that challenge with incredible results. In each episode, four chefs compete in three rounds of cooking challenges to create dishes that will please judge **Maneet Chauhan** (*Chopped*, *Tournament of Champions*) and a rotating panel of guest judges, each with a very particular palate and tricky food requirements. From a taste of Southern hospitality using only plant-based ingredients and a comfort food gluten-free noodle dish to an Instagram-worthy dinner party without fruits or vegetables, these unique cooking battles showcase how to make delicious food under any circumstance. *It's CompliPlated* premieres Thursday, August 11th at 10pm ET/PT on Food Network and streaming on discovery+.

"*It's CompliPlated* reflects what it's actually like to make a meal the whole family will love – it's not easy to make one dish for everyone and this series makes it fun," said Jane Latman, President, Home & Food Content and Streaming, Warner Bros. Discovery. "Tabitha Brown's energy, sense of humor and real-life journey to becoming vegan make her the perfect host to take us on this adventure."

"Becoming vegan changed my life and the way I cook – and I know folks can relate to the daily challenge of making the whole family happy with one meal, so we decided to make a game of it," said Tabitha Brown. "These chefs cook from the heart and their food is mind-blowing - viewers are sure to have a blast and be inspired for their next family dinner."

Tabitha Brown satisfies the hunger of millions with her unique approach to veganism and her wholesome, comedic personality on the daily. She is a home base for learning new recipes, acquiring imparted wisdom, or enjoying a good laugh. Now a New York Times best-selling author of her debut book "Feeding the Soul (Because It's My Business)," the North Carolina-born actress, vegan lifestyle personality, mother and wife has also taken various business ventures by storm. Alongside her legendary partnership with Target, making her own healthy haircare line called Donna's Recipe, being named Equity Partner of Orro, developing a Calm Sleep Story, partnering with McCormick on her signature Sunshine Seasoning, and working on her second book, she has continuously grown her craft as an actress. She has landed notable theatrical features on major network shows such as *Will & Grace*, *The Chi* and *The Conners* in addition to co-creating and starring in her own children's show with YouTube Originals, *Tab Time*. Having earned the coined title of "America's mom" with her 12 million plus followers across platforms, Tabitha teaches all of us about having faith, perseverance, paving our own unique path to achieving dreams and being our authentic selves.

Fans can join the conversation using #ItsCompliPlated and go behind the scenes with Tabitha by following Food Network's social pages. Get exclusive tips from Tabitha on vegan essentials, check out insider photos from set, and watch sneak peeks each week at FoodNetwork.com/ItsCompliPlated.

It's CompliPlated is produced by World of Wonder for Food Network and discovery+.

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FOOD NETWORK (www.foodnetwork.com) is a unique lifestyle network, website and magazine that connects viewers to the power and joy of food. The network strives to be viewers' best friend in food and is committed to leading by teaching, inspiring, empowering and entertaining through its talent and expertise. Food Network is distributed to nearly 100 million U.S. households and draws over 46 million unique web users monthly. Since launching in 2009, Food Network Magazine's rate base has grown 13 times and is the No. 2 best-selling monthly magazine on the newsstand, with 13.5 million readers. Food Network is owned by Warner Bros. Discovery (NASDAQ: WBD) is a leading global media and entertainment company that creates and



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