

**OPRAH WINFREY TALKS TO DR. BRENÉ BROWN ABOUT HER
LATEST BOOK 'DARING GREATLY'
ON THE AWARD-WINNING 'SUPER SOUL SUNDAY' MARCH 17
ON OWN: OPRAH WINFREY NETWORK**



*Dr. Brené Brown and Oprah Winfrey on set at Harpo Studios in
Chicago, IL*

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Chicago, IL- Oprah Winfrey and Dr. Brené Brown, internationally-acclaimed speaker and *New York Times* bestselling author of “*Daring Greatly*,” discuss how what we often consider our greatest weaknesses may actually be our greatest strengths, in an all-new episode of “Super Soul Sunday,” the Emmy® Award-winning series designed to help viewers awaken to their best selves and discover a deeper connection to the world around them. The episode airs this Sunday, March 17 at 11 a.m. ET/PT on OWN: Oprah Winfrey Network.

For the past twelve years, research professor Dr. Brown studied vulnerability, worthiness, shame and courage as a professor at the University of Houston Graduate College of Social Work. During a 2010 TEDx Talk in Houston, she opened up about her own vulnerabilities and her quest to better understand herself. Her story of personal discovery resonated with people far beyond those in attendance, garnering almost eight million views on TED.com. In her new book “*Daring Greatly*,” Brown examines how the courage to be vulnerable can transform the way we live, love, parent, and lead.

New episodes of “Super Soul Sunday” will continue in May with today’s acclaimed authors and thought leaders including a two-part interview with Winfrey’s mentor, Dr. Maya Angelou. Viewers can join the global conversation online via Oprah.com, Facebook and Twitter using #SuperSoulSunday.

To view the First Look from this Sunday’s episode, please click on the link below:

<http://www.oprah.com/own-supersoulsunday/blogs/Coming-Up-Sunday-Dr-Bren233-Brown-on-Daring-Greatly>

To post and share the First Look, please copy and paste the code below:

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About Super Soul Sunday:

“Super Soul Sunday” is the multi-award winning daytime series that delivers a timely thought-provoking, eye-opening and inspiring block of programming designed to help viewers awaken to their best selves and discover a deeper connection to the world around them. Recognized by the National Academy of Television Arts & Sciences with a Daytime Emmy® award, the Alliance of Women in Media Foundation with a Gracie award and the Religion Communicators Council with a Wilbur award, “Super Soul Sunday” features all-new conversations between Oprah Winfrey and top thinkers, authors, visionaries and spiritual leaders. Exploring themes and issues including happiness, personal fulfillment, spirituality and conscious living, guests who have appeared include Nobel laureate Elie Wiesel, Wayne Dyer, Gary Zukav, Debbie Ford, Marianne Williamson, Ram Dass, Eckhart Tolle, Sarah Ban Breathnach, Daniel

Pink, and Thich Nhat Hanh. Home to Oprah's Book Club 2.0, the series has helped surge book sales of best-selling author Cheryl Strayed and debut novelist Ayana Mathis. The series also frequently presents Rainn Wilson's collection of uplifting short films created under his SoulPancake banner. A truly unique television experience, this ground-breaking series has attracted one of the most loyal, active and engaged social communities in television. Every episode has ranked in the top ten most social shows in broadcast television and cable, spiking to number one more than twelve times (source: Bluefin Data). Produced by Harpo Studios, Super Soul Sunday presents an array of perspectives on what it means to be alive in today's world.

About OWN: Oprah Winfrey Network:

A joint venture between Harpo, Inc. and Discovery Communications, OWN: Oprah Winfrey Network is a multi-platform media company designed to entertain, inform and inspire people to live their best lives. OWN debuted on January 1, 2011 on what was the Discovery Health Channel and is in approximately 80 million homes. The venture also includes the award-winning digital platform, Oprah.com.

For more information, please visit www.oprah.com/supersoulsunday

For more clips, artwork or interviews, please contact:

Leah Sparkes Ampuero | Senior Publicity Manager, Communications
HARPOSTUDIOS | 312.633.5270 | LSparkes@harpo.com Twitter
[@SparkesPR](https://twitter.com/SparkesPR)

