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Contact: Dustin Smith, (310) 975-1640, [dustin\\_smith@discovery.com](mailto:dustin_smith@discovery.com)

Press info: <http://press.discovery.com/us/tlc/programs/food-buddha/>

### **TAKE A JOURNEY WITH TLC's "FOOD BUDDHA"**

Los Angeles, CA – TLC invites viewers to get their fulfillment with the new special FOOD BUDDHA, featuring Chef Rodelio Aglibot. In each of the two half-hour episodes, Rodelio visits three restaurants in a single city and orders "OOE" – one of each – from the menu. Along with a local food guide, he will take a culinary journey through the restaurant's culinary offerings, sampling everything and learning the chef's personal story. Finally, full and inspired, the Buddha returns to his own restaurant, Chicago's Sunda, to create a brand-new dish. FOOD BUDDHA premieres Monday, June 14 at 10 & 10:30 PM.

FOOD BUDDHA is part of TLC's new summer schedule, which shares over 100 hours of new programming, including 11 new series, 9 new seasons, and 19 new specials.

In the premiere at 10 PM, Rodelio visits the food-lover's paradise New Orleans, where he is joined by a local fireman who acts as his food guide to the best of the city's restaurants. Together, they visit K-Joe's, serving up authentic creole cuisine, Baru Bistro, with Latin & Caribbean tapas, and "New Orleans" style BBQ from Squeal.

At 10:30 PM, the Buddha heads to west to eat his way through San Francisco. With the guidance of local chef Ryan Scott, they visit The Topsy Pig, an American gastro-tavern, Bocado, specializing in West Coast Basque cuisine, and seafood restaurant Nettie's Crab Shack.

FOOD BUDDHA is produced for TLC by Pie Town Productions.

#### **About TLC**

TLC's innovative docu-series and reality-based programming include favorites Jon & Kate Plus 8, Little People, Big World, What Not to Wear, 19 Kids and Counting, Say Yes to the Dress, and LA Ink. TLC added to its menu of programming with Cake Boss and Ultimate Cake Off, and continues to expand into the food genre. TLC's daytime lineup includes the Emmy Award-winning A Baby Story. The channel is available in more than 98 million homes in the US, nearly 8 million homes in Canada and through the website at [www.tlc.com](http://www.tlc.com). TLC is part of Discovery Communications (NASDAQ: DISCA, DISCB, DISCK), the world's number one nonfiction media company reaching more than 1.5 billion cumulative subscribers in over 170 countries.