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August 6, 2015

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TWERK IT, WORK IT, OWN IT: WHITNEY THORE IS BACK WITH AN ALL-NEW SEASON OF TLC's MY BIG FAT FABULOUS LIFE

Season Two Premieres With Back-To-Back Episodes on Wednesday, September 9 at 9/8c -

(New York, NY) – Whitney Thore's life is bigger, better, and fuller than ever in season two of TLC's MY BIG FAT FABULOUS LIFE, premiering Wednesday, September 9 at 9/8c. After being diagnosed with Polycystic Ovarian Syndrome, Whitney gained 200 lbs and felt like a stranger in her own body. In January 2014, she became an overnight sensation and turned her life upside down when she posted a video on YouTube – "A Fat Girl Dancing." In the all-new 22-episode season of MY BIG FAT FABULOUS LIFE, Whitney makes healthier choices and focuses on herself, the success of Big Girl Dance Class and her No Body Shame Campaign (#nobodyshamecampaign).

Last season, Whitney was diagnosed with pre-diabetes. Now, more than ever, she is determined to turn her health around by sticking to a strict diet and an intense exercise regimen. This season marks a year of new beginnings for Whitney as she takes the ultimate leap of independence by leaving her parents' home to move in with Buddy. As they navigate everything from first time furniture shopping to life as roommates, Whitney and Buddy struggle to find a perfect balance.

With a new found freedom, Whitney begins her biggest adventure yet: dating for the first time in ages. Babs, Whitney's mom, questions Whitney's ability to hook a man, but her contagious personality and self-confidence prove otherwise when Whitney begins to fall for a fellow artist. But will the pressures of leaving her parents' home, a new love life, and her growing dance class business be too much to *not* indulge?

Whitney proves that inner strength, a positive attitude, and taking risks are all you need to succeed. At 380-pounds, Whitney rides a bike for the first time in years, finishes a 5k, and takes her Big Girl Dance Class to the next level with a performance at the Greensboro Grasshopper baseball game.

MY BIG FAT FABULOUS LIFE is produced by Pilgrim Studios for TLC.

For updates, 'like' us on Facebook at www.facebook.com/MyBigFatFabulousLife.

About TLC

Offering remarkably relatable real-life stories without judgment, the network celebrates the reality that "everyone needs a little TLC." TLC's hit series share everyday heart, humor, hope, and human connection with programming genres that include fascinating families, heartwarming transformations, and life's milestone moments such as wedding-themed programs anchored by Say Yes To The Dress. In 2014, TLC was a top 10 cable network with women, with 30 series averaging 1 million P2+ viewers or more, including two series that averaged 3 million P2+ viewers or more.

TLC is a global brand available in more than 95 million homes in the US and 303 million households in 190 markets internationally. A destination online, TLC.com offers in-depth fan sites and exclusive original video content. Fans can also interact with TLC through social media on Facebook, Instagram, Pinterest and @TLC on Twitter as well as On Demand services, YouTube and mobile platforms. TLC is part of Discovery Communications (NASDAQ: DISCA,DISCB, DISCK), the world's #1 pay-TV programmer reaching nearly 3 billion cumulative subscribers in 220 countries and territories.