



FOR IMMEDIATE RELEASE

June 20, 2011

Contact: Laurie Goldberg, 310-975-1631

Laurie_Goldberg@discovery.com

-OR- Katherine Nelson, 310-975-5975

Katherine_Nelson@discovery.com

BEAR GRYLLS HEADS TO ICELAND, NEW ZEALAND AND UTAH
FOR NEW EPISODES OF *MAN VS WILD*

-- Premiering Monday, July 11 from 9-10PM ET/PT --

Bear Grylls has survived in some of the most dangerous places on Earth. From jungles to deserts and from Everest to Antarctica, he travels to places where you couldn't last a day without the right survival skills. To kick off a run of all-new episodes of **MAN VS WILD** on Monday, July 11 from 9-10PM ET/PT, Bear brings along a companion – actor Jake Gyllenhaal.

MAN VS WILD will test how Gyllenhaal measures up to unpredictable and unforgiving Mother Nature. For two days, Bear and Jake embark on a survival experience neither will forget, to an Icelandic landscape dominated by mountains, huge glaciers and some of Europe's most active volcanoes. Jake will have to go where Bear goes, eat whatever Bear eats, and on occasion even take the lead, if he's going to cope with some of the worst conditions known to man. "For me, it's all about discovery," said Gyllenhaal.

Said Bear about the experience, "The wild is always very revealing – not only physically but mentally. You've got to smile when it's driving horizontal hail and be able to face your fears and just get on and do it -- and on both of those accounts, Jake came up strong."

Six new episodes of **MAN VS WILD** continue Mondays at 9PM ET/PT beginning July 11, with Bear's adventures taking him to other remote parts of Iceland in blizzard conditions, New Zealand's South and North Islands, and the Utah badlands. A special compilation episode will mix never-before-seen challenges and behind the scenes from the season.

MAN VS WILD is produced for Discovery Channel by Diverse Productions. Steve Rankin is executive producer for Diverse Productions. Josh Berkley is executive producer for Discovery Channel.

About Discovery Channel

Discovery Channel is dedicated to creating the highest quality non-fiction content that informs and entertains its consumers about the world in all its wonder, diversity and amazement. The network, which is distributed to 100.8 million U.S. homes, can be seen in over 180 countries, offering a signature mix of compelling, high-end production values and vivid cinematography across genres including, science and technology, exploration, adventure, history and in-depth, behind-the-scenes glimpses at the people, places and organizations that shape and share our world. For more information, please visit www.discovery.com.

###

Photography can be downloaded at

<http://press.discovery.com/us/dsc/programs/man-vs-wild/>