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I Have A Confession: The Truth Revealed on ID's New Series *Worst Thing I Ever Did*

(Silver Spring, MD) -- We all have our secrets, from sneaky romances to petty theft to spreading lies and beyond. But while telling the truth may be liberating, the consequences can be shattering on Investigation Discovery's new series **WORST THING I EVER DID**. Watch as seemingly good people reveal their darkest, most secret deeds to the ones they have deceived—from selfishly conning a relative out of thousands of dollars, to stealing away someone's else's fiancée. **WORST THING I EVER DID** kicks off with back-to-back premiere episodes on **Thursday, August 14 at 10/9c and 10:30/9:30c** on **Investigation Discovery**.

“Shifting ID's focus from legal consequences to moral ones, **WORST THING I EVER DID** puts viewers in the front row as everyday people confront their own guilty consciences,” said Henry Schleiff, Group President of Investigation Discovery, American Heroes Channel, Destination America and Discovery Fit & Health. “The series reveals the depths to which humans can sink and the heights to which we can rise when asked for forgiveness.”

Each 30-minute episode of **WORST THING I EVER DID** follows one person as he or she leads viewers step-by-step through their most devilish deed, culminating in a dramatic, real time confession to the victim.

In the series premiere on Thursday, August 14 at 10/9c, Detroit housewife Khalood uses her daughter's failed marriage and inability to have children as an excuse for becoming a gambling addict. Saddened by her daughter's unhappiness, Khalood turns to slot machines to numb her maternal pain. But, in the process, she has blown tens of thousands of her husband Jerry's retirement funds. Jerry is eager to retire soon, and Khalood - wracked with guilt and worry that he will leave her - must confess. Against all odds, she must weather his fury and salvage their life together.

Then, at 10:30/9:30c, Shaunda is a successful businesswoman, but 20 years ago, she was the lover of drug kingpin, Ray. Shaunda hoped they would build a new and more stable life after the birth of baby Ray Jr. but was crushed when Ray moved deeper into the deadly world of drug dealing. After the tragic death of their baby, Shaunda was furious that Ray didn't come to the funeral. Her revenge? Shaunda ratted him out to the DEA, ensuring he would be locked up for 20 years. But when Shaunda learns how Ray secretly mourned their child's death, she's wracked with guilt and flies to Detroit to confess her terrible mistake.

Other episodes of **WORST THING I EVER DID** include:

- **The Truck Stops Here premieres Thursday, August 21 at 10/9c**
L.A. truck driver Alan has cheated his cousin and employer, Brad, out of \$200,000 by doing illegal runs. After Brad's company goes bankrupt, a haunted Alan elects to finally confess his crime, but not before enjoying his cousin's hard earned cash.
- **All in the Family premieres Thursday, August 21 at 10:30/9:30c**
Phala promised her best friend Michelle that she'd never date her brother. However, she's been secretly seeing him for years and is planning to move in with him. Can Phala confess to Michelle without compromising their friendship?
- **Love & Marriage premieres Thursday, August 28 at 10/9c**
Body shop worker Joey is leading a double life. He's married to one woman, but is engaged to Nina, who thinks he's divorced. Joey needs to confess his double life to Nina in order to keep their wedding date and the love of his life.
- **Can't Put My Finger on It premieres Thursday, September 4 at 10/9c**
Rick, a young Gypsy cook, stole his best friend's dreams and bride. George, loveless and out a top chef title, is shattered and leaves the Roma community. Rick has come to New York to ask George for forgiveness, but is it 35 years too late?

WORST THING I EVER DID is produced by Eastern and Entertainment One TV. For Entertainment One Television, Margaret O'Brien, Loren Mawhiney, Jeff Lynas and John Marayniss are executive producers. For Eastern, Toby Barraud, Stefan Springman, Mala Chapple and Jeff Grogan are executive producers. For Investigation Discovery, Liz Massie is executive producer, Sara Kozak is senior vice president of production, Kevin Bennett is general manager, and Henry Schleiff is Group President of Investigation Discovery, Destination America, American Heroes Channel, and Discovery Fit & Health.

About Investigation Discovery

Investigation Discovery (ID) is the leading mystery-and-suspense network on television and America's favorite "guilty pleasure." From harrowing crimes and salacious scandals to the in-depth investigations and heart-breaking mysteries that result, ID challenges our everyday understanding of culture, society and the human condition. One of our nation's fastest growing cable networks, ID delivers the highest-quality programming to more than 86 million U.S. households and is available in both high definition (HD) and standard definition (SD). For more information, please visit InvestigationDiscovery.com, facebook.com/InvestigationDiscovery, or twitter.com/DiscoveryID. Investigation Discovery is part of Discovery Communications (Nasdaq: DISCA, DISCB, DISCK), the world's #1 nonfiction media company reaching more than 2.7 billion cumulative subscribers in 220 countries and territories.

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